

Fast Food Junkie's

CHOREOGRAPHED by Michelle Bain & Ed Lawton (aka the urban cowboy)

DESCRIPTION- 2 Wall AB , FUN Dance

MUSIC – Fast Food BY Fast Food Rockers (Start dance after intro 16 counts)

Part A

Touch Step x 2, Mash Potatoes

- 1-2 Touch left toe to left, step left next to left (**bring left hand up over head, then down;-pizza hut hands**)
3-4 Touch right toe to right, step right next to left (**pizza hut hands with right**)
&5&6 Split heels out, bring heel together right sliding behind left, Split heels out, bring heel together left sliding behind right
&7&8 Split heels out, bring heel together right sliding behind left Split heels out, bring heel together left sliding behind right
(Counts &5-8 Flap like a chicken)

Touch Step x 2 Chug Turn

- 1-2 Touch right toe forward, step forward on right (**pizza hut hands with right**)
3-4 Touch left toe forward, step forward on left (**pizza hut hands with left**)
5-8 Make a ¼ turn left touching right toe to right, Make a ¼ turn left touching right toe to right,
Make a ¼ turn left touching right toe to right, Make a ¼ turn left touching right toe to next to left

Heel Jack x 2, ½ Pivot, Step Swivel, Centre

- &1&2 Step right to right, touch left hell to left, step down on left, step right next to left
&3&4 Step left to left, touch Right hell to right, step down on right, step left next to right
5-6-7&8 Step forward on right, pivot ½ turn left, Step right next, swivel heels to right, centre

Heel Jack x 2, ½ Pivot,

- &1&2 Step right to right, touch left hell to left, step down on left, step right next to left
&3&4 Step left to left, touch Right hell to right, step down on right, step left next to right
5-6 Step forward on right, pivot ½ turn left
7&8 Stomp forward on right, left, right

END OF PART A

PART B

Vine, Vine, Rock Shuffle ½ Turn, Rock Shuffle ¾ Turn

- 1-4 Step left to left, step right behind left, step left to left, touch right next to left
5-6&7-8 Step right to right, step left behind right, step right to right, step left over right, step right to right
9-12 Step forward on left, rock back on right, make a ½ turn left on left, right, left
13-16 Step forward on right, rock back on left, make a ¾ turn right on right, left, right

Walk forward Point, Walk Back Point, Sailor x 2 ¼ Turn, Full Turn Forward

- 1-4 Walk forward on left, right, left, point right toe to right
5-8 Walk back on right, left, right, point left toe to left
9&10 Step left behind right, step right to right, step left to left
11&12 Step right behind left, step left to left, step right to right making a ¼ turn right
13-16 Step forward on left, make a 1/2 turn left stepping back on right, make a 1/2 turn left stepping forward on left
Step forward on right

END OF PART B

Tag

12&3&4 Step forward on left, Clap, step right up to left, step forward on left, clap clap

5&6&7&8 Step forward on right, pivot 1/2 turn left, shuffle forward on right, left, right

9-16 Repeat counts 1-8

RUNING ORDER OF THE DANCE IS

A-TAG-BB-ABB-ABB-AA